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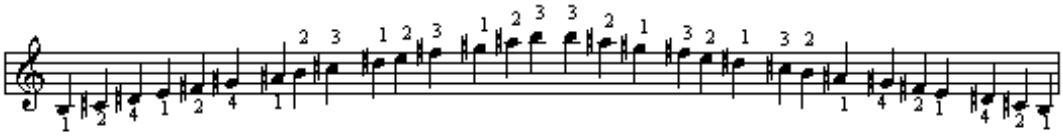
OLYMPIC CELLO WORKOUT 1-String Scale

Now we'll work up and down the fingerboard.

- Shifting, intonation
- Speed

PREPARATION	DESCRIPTION
Set metronome at tempo indicated for each level. B Major scale on "A" String, 2 octaves.	This deals with shifting and hand position. It can be played on any string and should be practiced on all strings once you have learned the exercise well on the "A" string.

- Shifting
- Intonation within position

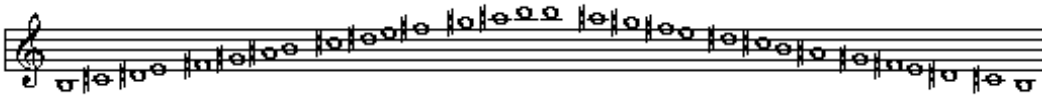


LEVEL 1

Quarter note=90

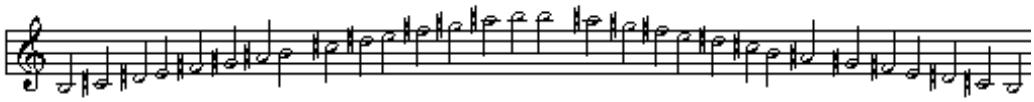
Play the scale in whole notes, 4 clicks per note, 1 note per bow.

Play with a full sound, no vibrato



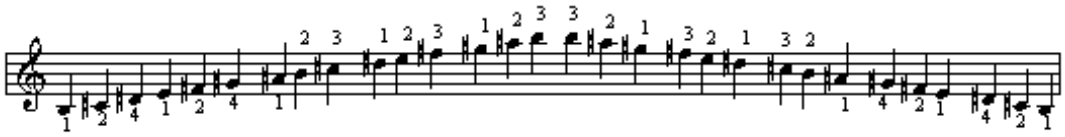
Use fingering from above.

Then play the scale in half notes:

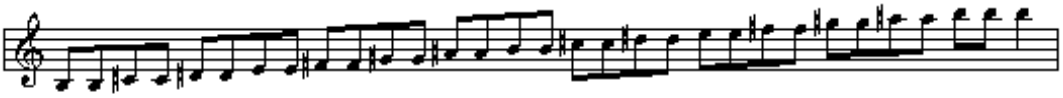


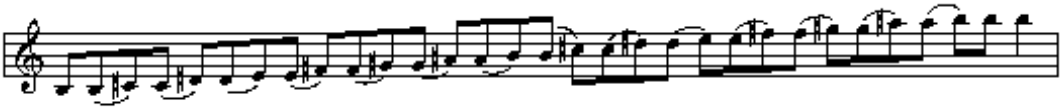
Same fingering as above

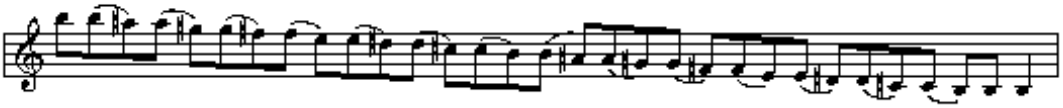
...quarter notes:



Now play 8th notes, bowing 2 per note, add bowings:





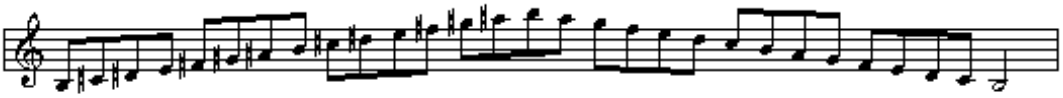


Add the bowings indicated.

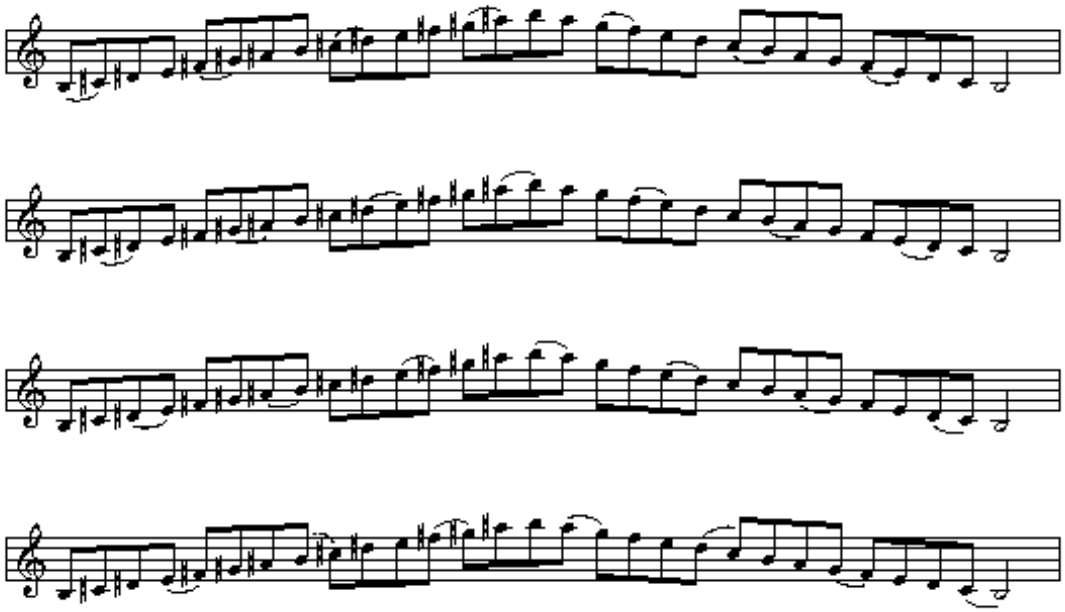
LEVEL 2

Quarter note=110-120

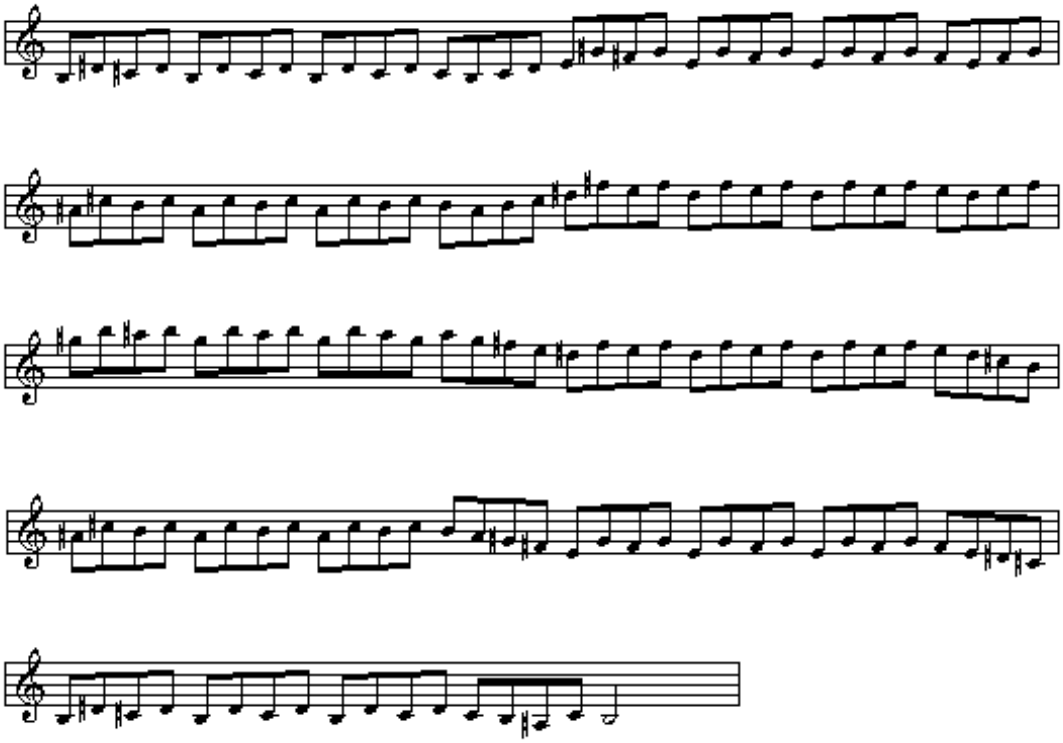
Play scale in 8th notes:



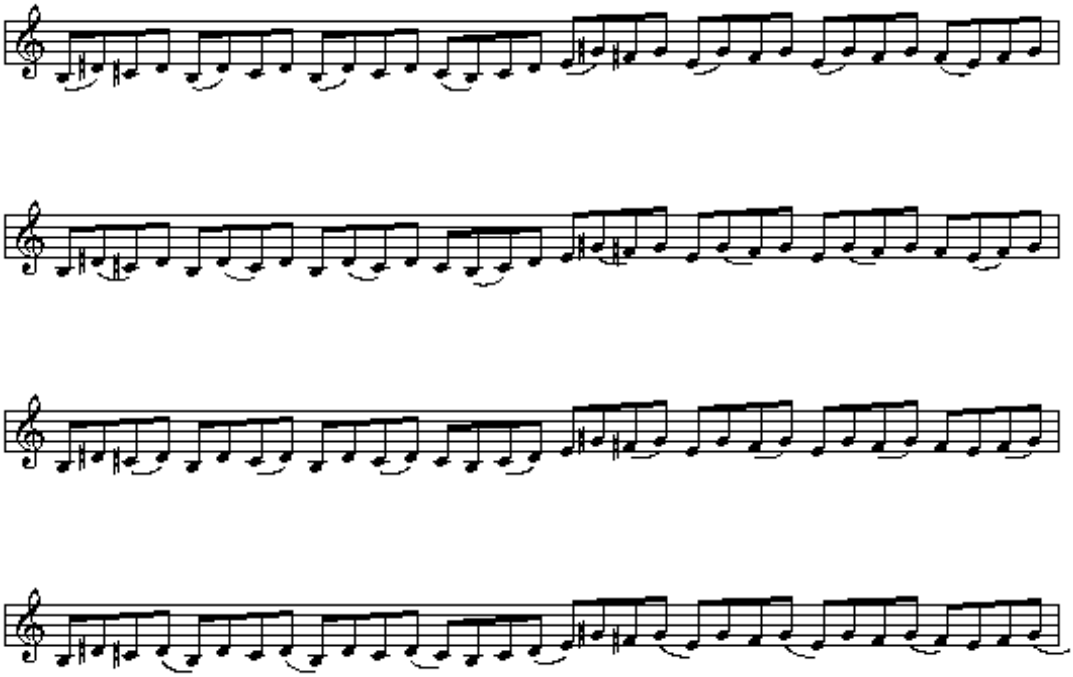
Add bowings. There are 4 different bowings suggested here based on groups of 2 bowed, 2 separate. Once you've mastered these come up with your own.



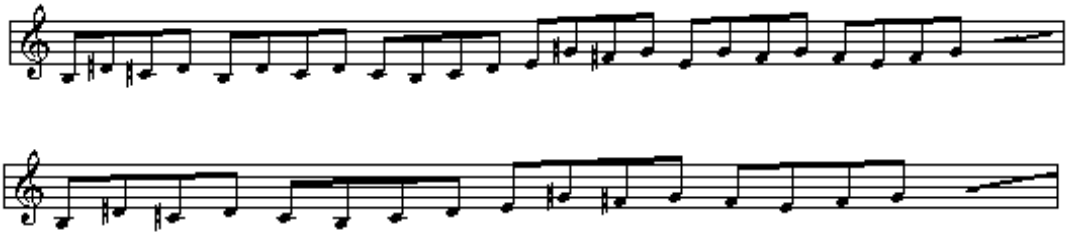
Play position exercise:



Add bowings to this too (same 4 bowing ideas.)



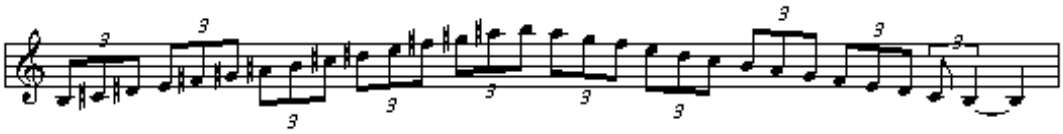
The following variations speed up the position exercise,
forcing you to shift sooner:



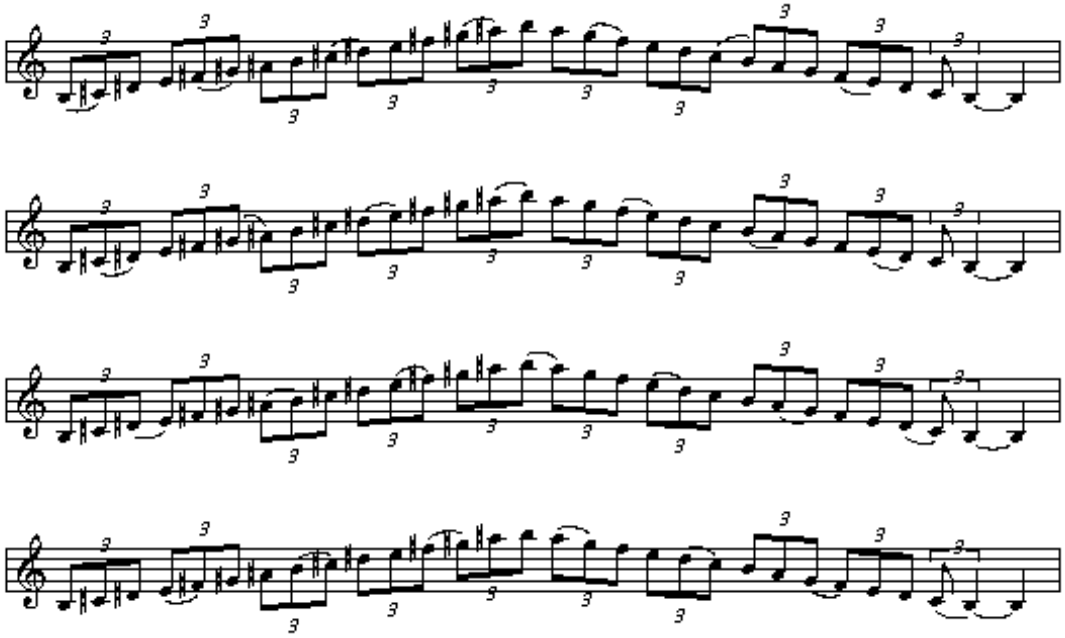
LEVEL 3

(same tempo as Level 2)

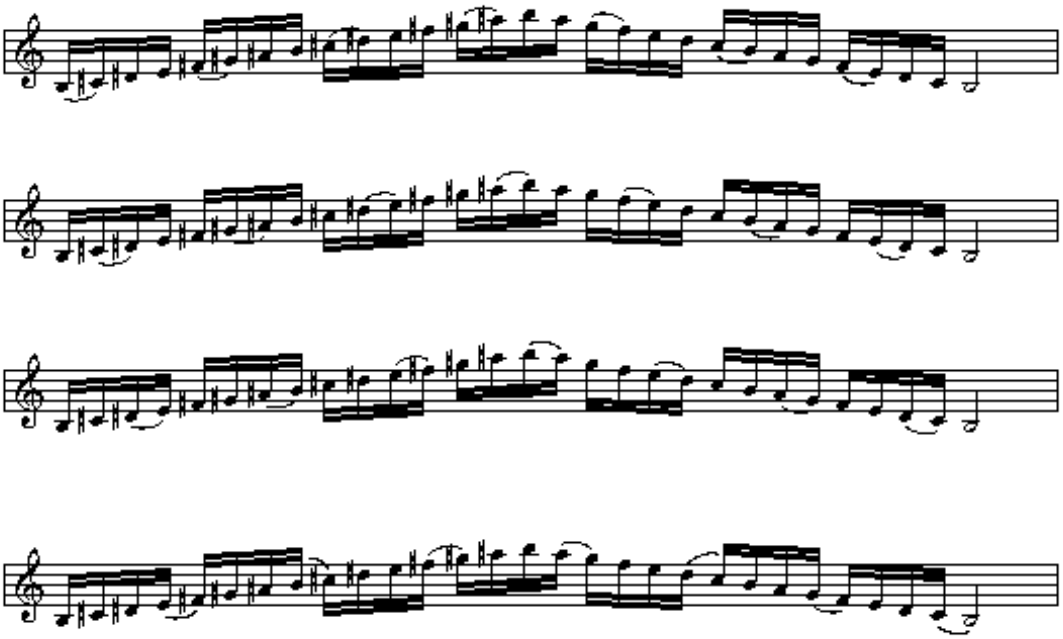
Triplets, then add bowings:



This same 2 slurred/2 separate bowing pattern adds a twist when done on triplets!

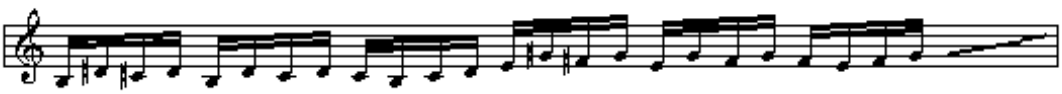


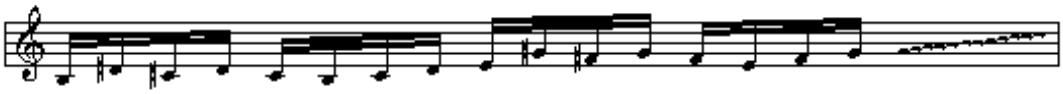
Play scale in 16th notes and add bowings:



16th note scale with 4 bowing variations.

Play original position exercise in 16th notes. Then try variations:





16 note version of position exercise, variations.

Further Study: Try this on other strings. E major on the "D" string, Ab major on the "G" string, Eb major on the "C" string, for example. Then move to other scale types: minor, half-diminished, etc. Keep trying to develope variations on this and all of the exercises as this will keep your brain engaged which will equal better practicing.

NEXT LESSON ▶